

Protein Plant Smoothies

(VG) all \$12

Powerhouse: \$12

Chocolate Protein Powder, Banana, Cacao Powder,
Almond Butter, Sunflower Seeds, Cinnamon,
Cayenne Pepper, Almond Milk.

Super Green Pea: \$12

Spinach, Vanilla Pea Protein, Spirulina, Banana, Almond Butter,
Ginger, Hemp Hearts, Pumpkin Seeds, Almond Milk.

Açai Berry: \$12

Açai, Hemp Powder, Mixed Berries, Banana,
Coconut Yoghurt, Goji Berries, LSA, Coconut Milk.

Tropical Hemp: \$12

Mango, Passionfruit, Pineapple, Banana, Hemp Powder,
Turmeric, Chia Seeds, Coconut Yoghurt, Coconut Milk.

Banana Beets: \$12

Banana, Beetroot Powder, LSA, Cinnamon,
Coconut Yoghurt, Coconut Milk.

Protein Boosters

Vanilla Pea Protein \$2 Chocolate Protein \$2

Spirulina \$2 Hemp Powder \$2

Psyllium Husk \$2 Maca Powder \$2

LSA \$2 Kale Powder \$2

Plant Shakes (VG)

All Made with plant-based ice cream and cream

Iced Coffee \$10 Oreo Shake \$10

Iced Chocolate \$10 Cookie Time Shake \$10

Iced Mocha \$10

Cold Drinks

See fridge for Selection of Juices,
Kombuchas and Sodas.